



YOUTH ANTHEM

*At a time like this when
we come together from
the East and West, from
the North and South,
when we come together
in the name Jesus Christ,
Oh Lord Arise and Shine.
(2x)*

AFJN YOUTH LEADERSHIP TRAINING WORKSHOP

CFR JOS, 23rd October, 2021

9:00am – 9:24am	Arrival /Registration
9:45am	Bio – energetic AFJN Youth Motto: Call: Youth, Arise and Shine Res: Now is the Time
10:00am	Opening Prayer
10:30am	Formal Welcoming <ul style="list-style-type: none">• Purpose of the day• Song: Rise up Africa
10:25am	Sharing Our Stories since May 2021
11:15am	Reporting Back
11:30am	PDAERED – V <ul style="list-style-type: none">- AFJN Leadership Power Cycle
12:30pm	PF – AFJN: Why Emphases on Faith and Justice
1:00pm	Lunch Break
1:30pm	Decisions – Ways forward at: <ul style="list-style-type: none">- Individual- Local- Provincial- National- Continental- International Levels
1:45pm	Report back
2:00pm	Closing/Departure

**AFJN YOUTH LEADERSHIP WORKSHOP PHASE II,
HELD ON 23RD OCTOBER 2021, AT CENTRE FOR RENEWAL, JOS**

AFJN Youth Arise and Shine: Now is the Time!

After days of intensive preparation, phone calls, animation visits, etc, the "D Day" came. The program started with the gradual arrival and registration of individuals and groups from 8.30am. Agbo Joseph and Sr. Bernadette Eyewan Okure, SHCJ, were there at the registration post to greet and welcome the participants. "You are welcome", "welcome" was heard so many times and one would see smiles on the faces of the arriving youth. The gathering event was outdoor bio-energetics at 9.30am, in which everyone participated, and was anchored by Chibuike Eze, Charles Okolie and Patrick Ogoh. There was fresh sunshine and cool air blowing thus giving a refreshing touch to the exercise.

At 10:30am, Sr. Bernadette, who anchored the entire programme, invited the director of the Centre for Renewal, Sr. Chinyere Oliobi, SHCJ to welcome us. In her welcome speech she encouraged us to spread the message of peace around our neighborhood and country at large and also in gratitude to God Almighty for the second phase of AFJN Youth Workshop, she enjoined us to feel relaxed and enjoy the programme.

Having emphasized the importance of keeping a summary of the report of the workshop, Sr. Bernadette invited the participants to volunteer to serve as secretarial team and the following zealously volunteered:

- Agbo Joseph
- Ochiaka Chinenye Vivian
- Mary Iorkyaa
- Elias Inalegwu Peter
- Alpha Gyang

They were applauded by the house and thus they began work immediately.

INTRUDUCTION/IDENTIFICATION OF THOSE PRESENT:

The introduction of individual and groups was done by Sr. Bernadette Eyewan Okure, SHCJ. Each group rose as they were called and the house clapped to welcome them as follows:

- ❖ Novices of the Society of the Holy Child Jesus (SHCJ)
- ❖ St. Murumba College, Jos
- ❖ St. Mary's Army Engineer
- ❖ Youth from Du and Rahwol Kanang

- ❖ CYON Sacred Heart Parish, Gada Biu
- ❖ Catholic Cadet Organization of Nigeria
- ❖ National Association Catholic Corp Members, Jos (NACC)
- ❖ Catholic Television and other Journalists
- ❖ SHCJ Interested Girls (Aspirants)
- ❖ Individuals

After the introduction Sr. Bernadette Eyewan Okure, SHCJ further explained the purpose of our gathering which she said, is to:

- ❖ Bring youth together, on the basis of the AFJN values and the Social teaching of the Church, inspired by the Gospel;
- ❖ To reflect on the way forward in response to the happenings in the Nation.
- ❖ To affirm the richness and the courage of the youth and their eagerness to respond positively and to be heard saying that they can do something and need the support.
- ❖ To define in context how things should go and build up a network of positive solidarity.

A ritual lighting of the candle was done by Patricia Ikagba followed by the reading from the scripture from the book of Prophet Micah 6:6-8 which were dramatized by Agbo Joseph and Vivian Ochiaka.

*With what shall I come before the Lord, and bow before God most high?
Shall I come before him with burnt offerings, with calves a year old? Will
the Lord be pleased with thousands of rams, with myriad streams of oil?
Shall I give my firstborn for my crime, the fruit of my body for the sin of
my soul? You have been told, o mortal, what is good, and what the Lord
requires of you: Only to do justice and to love goodness, and to walk
humbly with your God. (Micah 6:6-8)*

A little moment of reflection and interaction in small groups was observed amongst participants based on the passage and the question for discussion was "What does it mean to act justly, love tenderly and walk humbly with your God?" Below are some of the answers to the question:

- ❖ To walk humbly means possession of absolute humility without pride and loving tenderly is to love like children.
- ❖ Loving tenderly requires one going out of oneself to give out not minding what one will gain.

- ❖ Acting justly requires doing the right thing at the right time. We are here to learn the right thing we should do together as AFJN youth;
- ❖ Acting justly calls for speaking up and speaking out with fact not violence;
- ❖ Loving tenderly calls for having positive regard for the other person
- ❖ Do not compromise because it is evil to compromise and play down the Truth
- ❖ Acting justly means to be contented with who we are as African youth, to strive to be our best selves and not nursing negative biases;
- ❖ We are to walk with *three legs*: Love, justice and humility; this is what God asks of us youth.
- ❖ The above are contained in the Ten Commandments of God.

Prayer tagged “The Ten Commandments” was conducted by Sr. Pauline Ogbonnaya. OP and this session was concluded with Our Lord’s Prayer. AFJN virtues are derived from these Ten Commandments.

THE TEN COMMANDMENTS

I am the Lord thy God: thou shalt not have strange gods before me.

Thou shalt not take the name of the lord thy God in vain.

Remember to keep holy the Sabbath Day.

Honor thy father and thy mother.

Thou shalt not kill.

Thou shalt not commit adultery.

Thou shalt not steal.

Thou shalt not bear false witness against thy neighbor.

Thou shalt not covet thy neighbor’s wife.

Thou shalt not covet thy neighbor’s goods.

A song was taught by Sr. Bernadette Eyewan Okure, SHCJ, “RISE UP AFRICA” which she said was composed by Fr. Prof. Joseph Faniran (Catholic Institute of West Africa, CIWA, Port Harcourt, Nigeria) and Fr. Joseph Dapo (Late) since 1978 at a Leadership Workshop for world leaders held at Saint Augustine Major Seminary, Jos. Volunteers were invited to demonstrate the song through stage performance on how the song goes. This was another very moving session and talents show.

Short Break was observed at 11:45am and delicious snacks were served from CRF Kitchen department, interaction continued.

After the short break participants were organized according to their groups in preparation for a talk on “PRINCIPLE AND FOUNDATION OF AFJN” by Sr. Eucharía Madueke, SNDdeN via Zoom from USA. Sr. Eucharía Madueke is the AFJN Coordinator

of Women Empowerment Programme. Her office helped to empower the sisters and CFR to empower the youth. In the course of this section Fr. Peter Aniedi Okure, OP, the immediate past executive Director of AFJN gave us his words of encouragement and blessing via Zoom from Accra Ghana, en route from Liberia back to Rome.

In continuation on the talk on Principle and Foundation, Sr. Eucharika Madueke, SNDdeN said Africa Faith and Justice Network have been in existence for 37 years. The purpose was to fight Injustice and violators of Justice. She equally said it was founded by the driving force of then missionaries who reflected on the negative image people are painting about Africa and the need to change the narrative. The returned America missionaries in 1983 resolved to tackle the Injustice they saw, they did this with total believe in Jesus Christ, social teaching of the church and promotion of the Gospel.

RISE UP AFRICA

CHORUS

Rise up. Rise up. Rise up.
Africa, the Great Land
Embrace the dawn
Of the New Era.

1. Shake off your burden
Untie the shackles
That hold you captive
O giant Land.

Rise up, Rise up

2. From in the East
The Cock crows
To herald
Your day of Glory.

Rise up, Rise up

3. Land of Great Sunshine
Land of Great Jungle
Create Africa
O Land of Mystery.

Rise up, Rise up

4. The world is waiting
For a New Vision
Future is yours
If you Show the Way.

The basic key for AFJN is 'Faith and Justice', Faith and Justice are central to Christian life. Justice is putting what we believe into action.

PRINCIPLE AND FOUNDATION OF AFJN

- ❖ Faith and belief in Jesus is a call to act for Justice as Jesus did.
- ❖ Jesus was a man who sought, lived and thought justice.
- ❖ It is the faith in Jesus, belief in the Gospel and the Teaching of the Church that form the foundation of AFJN Justice Ministry.
- ❖ We are followers of Christ because we have faith in Christ.
- ❖ Our faith in Jesus should propel us to – Seek Justice, Teach Justice and Live Justice.
- ❖ To look deep in our context and remove those barriers that prevent people from acting.

KEY TO GROWING IN FAITH AND JUSTICE

- ❖ Recognition of the needs of the people.
- ❖ Perseverance and continuing action.

Let us return to promoting the good for ourselves and for the whole humanity, family and thus advance together towards an authentic goal building.

Sr. Eucharika Madueke, SNDdeN concluded her talk with a prayer by Pope Francis.

LUNCH BREAK BY 2:00PM

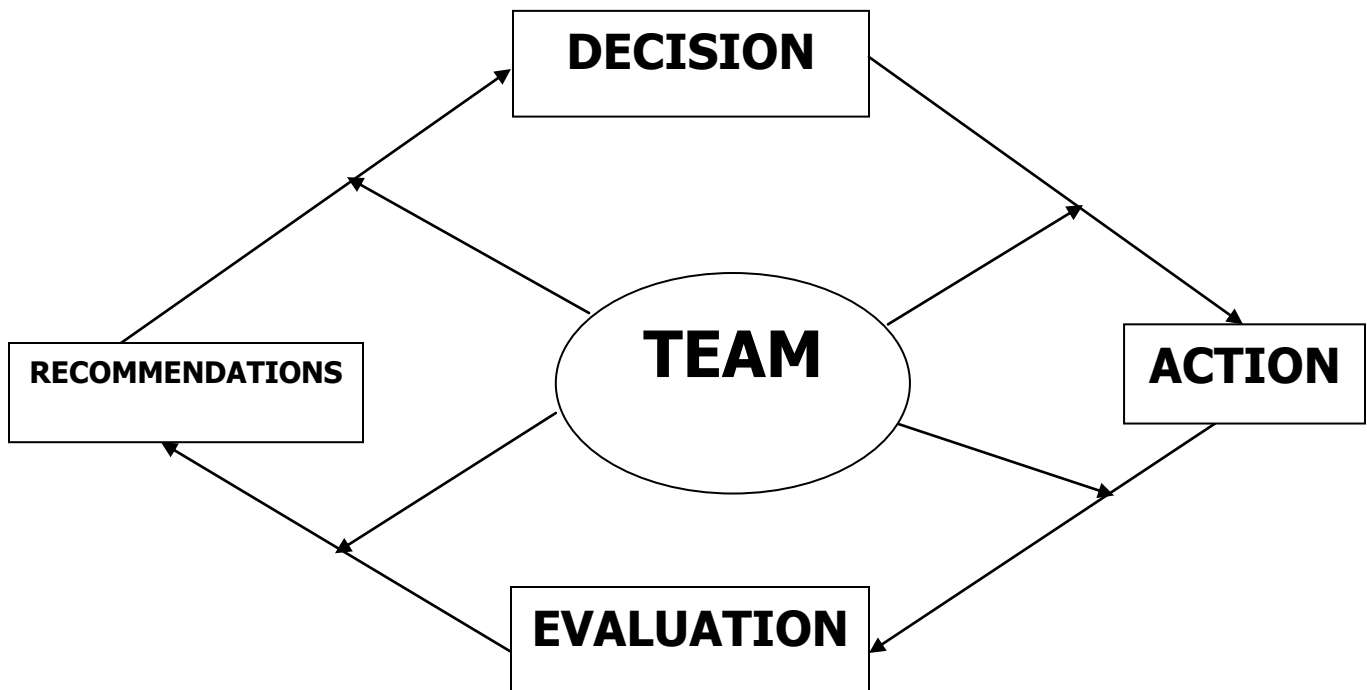
The program resumed after the lunch break and sharing of meal together at 2:30pm. A talk titled "AFJN LEADERSHIP POWER CYCLE (PDAERED-V)" was given by Sr. Bernadette Eyewan Okure, SHCJ.

AFJN Youth Power Cycle (PDEARED-V)

The Acronym for PDEARED–V stands for:

P	-	PRAYER
D	-	DECISION
A	-	ACTION
E	-	EVALUATION
RE	-	RECOMMENDATIONS
V	-	VISION

AFJN LEADERSHIP POWER CYCLE – PDAERED – V



The P when pronounced is silent and it demonstrates constant being in prayer at every moment of the Power Cycle.

There are four dynamic moments of the Power Cycle, namely: Decision, Action, Evaluation, and Recommendations and back to new Decision.

DECISION: Decision making is very paramount in that it gives one a focus and specific direction, it is a powerful weapon.

ACTION: Action comes with serious zeal to bring every decision to realization; a decision without action is useless.

EVALUATION: This gives us enlightenment of what we have done and places we need to amend, it gives a general assessment of a job well done.

RECOMMENDATIONS: Is propounding possible growth solutions, commendations and inventing new ways of expanding the programme.

VISION: It is very important for every youth to have a vision. AFJN Youth must have a shared Vision. A well-articulated Power Cycle enables the group to invest their energy and creative information within the group.

TEAM: The role of the team is to enable the group to move creatively from one moment of the Power Cycle to another and to avoid being stock on one moment.

In conclusion of the Power Cycle each moment flows into the next, power resides in each moment through prayer, action-reflection-action, and confidentiality among members.

GROUP DISCUSSION

In the light of the input by Sr. Eucharika Madueke, SNDdeN, the input on the Power Cycle and the reflection in study groups, **"What do you see as concrete ways forward?"**

SHCJ NOVICES GROUP

1. To recognize and fight injustice, we need combined efforts. We need to create a network which will lead to mobilization. This is what Networking is about.
2. Justice is putting what we believe into action. We must arise and speak when the need arises.
3. We will not and should not compromise our faith in Jesus, our model leader.
4. Our faith and belief in Jesus should propel us to seek for justice, teach justice and live justice.
5. To grow in faith and justice we must recognize the needs and burning issues in the society.
6. The fight for justice is not done violently rather dialogue is required.
7. To fight for justice with perseverance is needed in full measure. We don't relax or relent. Perseverance helps us to be focused and to grow in faith and justice.

CATHOLIC CADET AND ST. ANTHONY GROUP

1. AFJN existence for 37 years has inspired our zeal for perseverance and continuing action.
2. Youth togetherness is Key a driving force for social change.
3. We are to cultivate the proper means and channels to voice out our grievances.
4. Justice – putting what we believe into action and not to relax when things seem to be going ok. It is not okay until all are OKAY.
5. Socialization – seeking the right group and right avenue to discuss social issues is an important aspect of a good conflict resolution process.

ST. MARY'S ARMY ENGINEER GROUP

1. We should emulate the life of Christ: The life of Christ was a life lived justly, walked humbly and loved tenderly. As youths, just like Christ, should be just in all our endeavors, love one another tenderly and walk in humility.
2. We should do to others what we want them to do to us. As youth who want justice, we should always be just ourselves.
3. Our faith should translate in our actions: As catholic youths, we should have to introduce ourselves as Christian and Catholics, but our actions should speak more for us.
4. We should live a just life and teach justice: People should be able to learn justice from the way we lived our lives.
5. We must dispose ourselves as advocates of Catholic Social Teaching on justice, and we should be willing to stand up in the face of injustice.

SACRED HEART GADA BIYU GROUP

1. We are encouraged to teach justice, seek justice and live justice.
2. We should be positive, we should avoid negative barriers.
3. We should be courageous; be able to stand up for the truth.
4. When justice is part of us it cannot be taken away. If we are living a just live we would not bear false witnesses as we have heard in the Ten Commandments.
5. We should live in faith strive to be just.
6. When we keep the commandment of love, we will be able to be just and stand for the truth.
7. To grow our faith we have to identify our needs and preserve in order to achieve our goal.

YOUTH FROM DU AND RAHWOL KANANG

1. Cultivate ONE voice effectively coming together.
2. Services/rendering selfless services regardless of personal interest.
3. Continuation of action – we shouldn't be carried away by our achievements.
4. Putting God first in all we do is crucial, because his grace is needed.
5. Not looking or being distracted by oppositions by the elderly, community and the law at large.
6. The need to have an open heart (the listening ear).

7. Emphasis on the Ten Commandment especially the area of unconditionally loving our neighbours.
8. The fight for justice is a fight for a better society – our common good.

ST. MURUMBA COLLEGE, JOS

1. We will seek justice, teach justice and live justice.
2. We will strategize to form groups so as to be able to teach and live justice.
3. We will not discriminate or be impartial to others.
4. We strive with perseverance and contentment in our quest for justice.
5. Jesus lived and taught justice by example, so we should seek God's face and guidance through prayers.

CATHOLIC YOUTH CORPERS

1. Just like the founders of the AFJN we should learn to tackle issues of injustice in our surroundings in ways we can through peaceful dialogue and advocacy.
2. We will carry out selfless services of teaching and educating the youths about justice and to speak out where there exists injustice.
3. Having faith and believe in Jesus Christ who sought for justice, lived for justice and taught justice.
4. AFJN is a missionary movement that is inspired by the Gospel so everything we do should be built upon Christ our Foundation.
5. We stand for AFJN's coalition building for eradication of injustice.
6. Our coming together helps to bring and unite us and people together and stop the wrong happenings around us.

SECOND SESSION: ACTION PLAN INSPIRED MAY 2021 AND CURRENT PHASE II WORKSHOP

SHCJ NOVICES GROUP

WHAT WE INTEND TO DO?

1. Our decision is to put our eyes down in our places of apostolate in order to see the needs of those we are working with, especially the children, to understand their feelings even when they are not speaking.
2. We will make sure that whatever issue we discover in our areas of apostolate should be brought back home to the appropriate authorities for actions to be taken.
3. In order to achieve all these, constant prayer must be our watch action.

CATHOLIC CADET GROUP

DECISION: Looking into the effects of drug abuse among members

1. **ACTION:** At our Annual Archdiocesan Retreat held this year July 24th at St. Thomas Shen, we invited speakers from specific works of life to come and talk to us about several issues ranging from Drug Abuse, Leadership qualities and spiritual growth
2. **EVALUATION:** After the retreat, parishes were asked to identify members using or suffering from drug addiction or drug related issues so that they could be rehabilitated and encouraged to live a healthy life instead of discouraging them from the organization as some suggested. And it yielded good positive results.
3. **RECOMMENDATION:** At the national Executive Council meeting held at the National Officers Camp in Abuja on the 19th September, it was decided that every new member should submit a certificate of blood test and also existing members should be periodically tested to avoid unnecessary drug related issues.

LOOKING FORWARD OR WAYS FORWARD

1. We hope to create awareness about AFJN so as to engage more youth in this work we are doing. And also engage the members on meaningful programs.

ST. MARY'S ARMY ENGINEER/CORPER

WHAT HAVE WE DONE, WHAT DID WE DO SINCE THE LAST PROGRAM?

1. We called our group and organized a seminar in sensitizing the Youth Corps Members about the AFJN affairs on Faith and Justice.
2. We also organized a joint rally for public sensitization on the following chants: ***Say no to violence, say no to rape, say no to corruption***, etc.
3. We made video clip conscientizing citizens of Plateau State on peaceful election.

WHAT WE INTEND TO DO AFTER THIS PROGRAM?

1. We intend to put up a Sensitization Seminar aimed at enlightening our parishioners on the objectives of the AFJN, and the fight for justice. And to identify and collaborate with other groups.

SACRED HEART YOUTH GROUP

WHAT WE HAVE DONE AFTER THE LAST AFJN PROGRAM

1. We have successfully gone for a rally with other AFJN youth and had a radio session on Jay FM.
2. We have established joint fellowship with others parishes namely St. Peter's and St. Murumba.
3. We participated fully at the St. Peter's youth week where we created awareness about the AFJN, and the call to act for justice.
4. We have been able to bring more youth to queue into the idea of the AFJN.
5. We had a sensitization during the last election through a playlet in conjunction with Catholic TV.

ACTION PLANS ON WAYS FORWARD

1. We plan on stepping down the AFJN workshop to the whole CYON body of our parish.
2. We intend to share the idea with our community youth forum: this will include all the regardless of Catholic group and religious affiliation.
3. We intend to feature the AFJN in the next edition of Our Annual Lumen Magazine.
4. We are bent on creating playlet for the sake of reaching out to the world through social media.

ST. MURUMBA COLLEGE, JOS

1. We reached out and created awareness about the AFJN network in the college.

WHAT'S NEXT?

1. Create a group in our school to push on the fight for justice.
2. Organize workshops with others schools to enlighten them on the prospects of AFJN in our society.

GROUP FROM DU AND RAHWOL KANANG

WHAT WE HAVE DONE IN THE PAST SIX MONTHS?

1. We were able to formally introduced AFJN generally on the Plateau, through a 30 minutes program anchored by Jay FM 101.9. At the introduction, AFJN officially gave out her number for subsequent calls.
2. Youth went out for a sensitization youth week program where new members were invited the outcome which brought Noah Sunkur. PRTV was invited and a brief

interview on the positive impact of AFJN. They all subscribed to the nonviolence approach to conflict resolution, during “Youth CYON” week.

WAY FORWARD AND ACTION

1. More sensitization program through proper accessibility.
2. Some of these victims prefer to be anonymous in term of calling.

APPRECIATION:

In appreciation Sr. Bernadette Eyewan Okure, SHCJ, gave glory to Almighty God for making this program a success, also she expressed her appreciation to AFJN for sponsoring the workshop, Fr. Peter Aniedi Okure, OP, AFJN immediate past Executive Director, among other things, for helping to register the Workshop on zoom and find it. Sr. Eucharika Madueke, SNDdeN, Director, AFJN International Women Empowerment Programme and resource person for the workshop, the Sisters of the Holy Child Jesus Jos, the Director Centre for Renewal Sr. Chinyere Oliobi, SHCJ, the Director of Institute For Formators, Sr. Pauline Ogbonnaya, OP, Team members and Staff of Centre For Renewal, other journalists, all invited youth groups and individuals, Team members from the Catholic Television led by Juliana Uzoka, for their support and prayers may the Almighty God continue to bless and uplift us up through Christ Our Lord. Amen.

Closing Prayer: The concluding prayer was done by re-lightening of the paschal candle which was followed by the closing prayer at 3:40pm.

70 members were present at the workshop.

The report contributed by the Secretarial Team was compiled edited by:

- ✚ Joseph Agbo – Centre For Renewal Secretary
- ✚ Ochiaka Chinenye Vivian - NYSC

Read through by Sr. Dr. Bernadette Eyewan Okure, SHCJ